

Mental Capacity Act

Led by our experienced trainers, our Mental Capacity Act (MCA) training course will guide you through the ways you can keep you, and the people you are caring for, safe from the perspective of mental health. You will explore what is meant by the term “Mental Capacity” and how to support people with empathy, understanding and empower them to make their own choices.

Learn why the MCA is an essential part of safeguarding and supporting individuals, how the MCA and the Code of Practice work together to ensure their well-being and how the MCA supports the rights of individuals. Discover how all these factors help in decision-making processes as well as the importance of the Five Statutory Principles and the significance of Lasting Power or Attorney and Advanced Decisions.

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Learning Outcomes

- Describe the purpose of the Mental Capacity Act
- Recognise how the MCA and Code of Practice keeps people safe
- Understand how it supports human rights and helps decision making
- Describe “Mental Capacity”
- To be able to support people to make their own choices
- To describe the Five Statutory Principles
- Understand the relevance of Lasting Power of Attorney
- Describe the importance of Advance Decisions

Course Content

- **Module 1:** What is Mental Capacity?
- **Module 2:** What is the Mental Capacity Act?
- **Module 3:** What is the Code of Practice?
- **Module 4:** Related Legislation
- **Module 5:** Statutory Principles
- **Module 6:** Helping People to make their own decisions
- **Module 7:** What is the meaning of “capacity”?
- **Module 8:** Advance Decisions