

Level 3 Diploma in Adult Care



The Level 3 Diploma in Adult Care is designed for experienced care workers who are ready to take the next step in their career. Aligned with the Supervisor/Leader role within the Adult Social Care Workforce Pathway, this qualification supports individuals who are already acting as positive role models and making a difference within their teams.

Why learn with Coleman Training?

Our learners are our priority. With over 25 years of experience in the social care sector, we understand the needs of our workers and we are committed to doing everything we can to support them.

We believe that achieving a qualification is about far more than completing assessments and gathering evidence. It's about developing confidence, building competence, and feeling supported every step of the way.

What does the Level 3 Diploma in Adult Care cover?

This qualification consists 15 mandatory units:

- Ways of working in adult care
- Safeguarding in adult care
- Mental capacity and restrictive practice in adult care
- Duty of care in adult care
- Choice and independence in adult care
- Health and wellbeing in adult care
- Equality, diversity, inclusion and human rights in adult care
- Health and safety (General) in adult care
- Infection prevention and control in adult care
- Health and safety (topics) in adult care
- Continuous development in adult care
- Personal wellbeing in adult care



Learners will then choose from a range of optional units, which we have grouped to meet the needs of individual learners and their services, including leadership units and sector-specific units such as learning disability, autism and brain injury, dementia, or domiciliary care. Our experienced assessors will guide learners to the most suitable options for their role. It is important that optional units reflect the learner's role to demonstrate the evidence required to meet the criteria.

Who is the Level 3 Diploma in Adult Care for?

Suitable job roles for the Level 3 Diploma in Adult Care typically include staff responsible for supporting others, coordinating care, or performing supervisory duties. Examples include:

- Senior Care Worker
- Senior Support Worker
- Care Team Leader
- Lead Support Worker
- Shift Leader
- Key Worker
- Senior Healthcare Assistant
- Reablement Worker
- Community Support Worker (with supervisory responsibilities)
- Supported Living Team Leader
- Residential Care Team Leader
- Domiciliary Care Supervisor
- Assistant Manager (in smaller services)
- Activities Coordinator with leadership responsibilities
- Specialist Support Worker (e.g. dementia, learning disabilities, autism, mental health)



Qualification Information

Assessment method:

Portfolio of evidence

Credit value:

58

Guided learning hours (GLH):

375

Learning aim reference:

61070452

Qualification number:

610/7045/2

Total qualification time (TQT):

580

Contact us to find out more about our range of qualifications:



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