

Level 2 Certificate in the Awareness and Prevention of Falls



Falls are one of the leading causes of injury, loss of independence and hospital admission for older people and vulnerable adults. This qualification provides learners with the knowledge and understanding needed to identify falls risks, support individuals to reduce those risks, and respond appropriately if a fall occurs.

Suitable for health and social care staff working in a variety of settings, the course explores common risk factors, falls prevention strategies, environmental adaptations, assistive technology, and best practice when supporting an individual during and after a fall. Learners will develop the confidence to promote safer care, reduce avoidable falls, and help individuals maintain their independence and wellbeing.

Why learn with Coleman Training?

Our learners are our priority. With over 25 years of experience in the social care sector, we understand the needs of our workers and we are committed to doing everything we can to support them.

We believe that achieving a qualification is about far more than completing assessments and gathering evidence. It's about developing confidence, building competence, and feeling supported every step of the way.

What does the Level 2 Certificate in the Awareness and Prevention of Falls cover?

This qualification consists of four units.

- Understanding the context of falls
- Understanding the factors and risks of falls
- Understanding the assessment, recording and reporting requirements of falls
- Understanding best practice in relation to falls management

This is a knowledge-only qualification, which means that you will complete workbooks and may participate in professional discussions with your assessor. You will not be observed in the workplace for this qualification.



Who is the Level 2 Certificate in the Awareness and Prevention of Falls for?

This qualification is suitable for adult social care staff working in direct care and support roles who are responsible for helping individuals remain safe, independent and mobile.

Aligned to the Care Workforce Pathway, it is particularly relevant for those working within the Care or Support Worker role category, including care assistants, support workers, senior care workers, personal assistants and other frontline staff who regularly support people who may be at risk of falling.

The qualification is valuable for staff working in residential care, nursing homes, domiciliary care, supported living services, extra care housing and community-based services. It provides the knowledge needed to identify falls risks, implement preventative measures, promote independence and respond appropriately should a fall occur.

It is also beneficial for staff who are progressing within the Care Workforce Pathway and wish to develop specialist knowledge in falls prevention, risk reduction and safer care practices.



Qualification Information

Assessment method:

Portfolio of evidence

Credit value:

14

Guided learning hours (GLH):

120

Learning aim reference:

60031098

Qualification number:

603/4859/8

Total qualification time (TQT):

140

Contact us to find out more about our range of qualifications:



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