

Stoma Care

Our Stoma Care course provides the knowledge and skills needed to confidently support individuals with a stoma.

Led by one of our experienced training team, you'll learn what a stoma is, why it may be needed, and the risks involved. Explore anatomy, different stoma types and faeces management, while gaining practical experience in emptying and changing stoma bags. Understand infection control, how to troubleshoot issues, and what signs to watch for.

With a focus on person-led care and ensuring accurate documentation, this training ensures safe, effective stoma care.

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Learning Outcomes

- What is a stoma?
- Reasons for having a stoma
- Anatomy
- Risks associated with a stoma
- Faeces management
- Different types of stomas
- Infection control
- Stoma appliances
- Stoma emptying
- Changing a stoma bag
- Troubleshooting
- Things to look out for
- Documentation
- Person-led care

Course Content

Module 1: Introduction to Stoma Care

- Understanding what a stoma is and the reasons it may be needed.
- Overview of risks associated with having a stoma.

Course Content

Module 2: Anatomy and Types of Stomas

- Key anatomy related to stomas.
- Managing faeces in relation to stoma care.
- Exploring different types of stomas and their purposes.

Module 3: Infection Control in Stoma Care

- Infection prevention measures.
- Safe handling and disposal of stoma appliances.

Module 4: Practical Skills for Stoma Management

- Step-by-step guidance for emptying a stoma.
- Techniques for changing stoma bags safely and effectively.
- Troubleshooting common stoma care challenges.

Module 5: Observation and Problem-Solving

- Identifying signs of complications or issues.
- Knowing when and how to escalate concerns.

Course Content

Module 6: Documentation and Person-Led Care

- Maintaining accurate records for stoma care.
- Tailoring support to the individual's needs and preferences.

Module 7: Practical Application and Q&A

- Hands-on practice in stoma care procedures with trainer support.
- Real-life scenario discussions and open Q&A to reinforce learning.