

Tracheostomy Care

Our Tracheostomy Care course equips you with essential tracheostomy care skills. You'll learn the basics of relevant anatomy and physiology, identify indications and complications of tracheostomy, and understand different types of tubes. We will cover correct suctioning techniques, when to inflate or deflate the cuff, and how to clean and change a tracheostomy tube.

Led by one of our experienced trainers, you will also explore person-led approaches, communication techniques, and how to identify when emergency care is required, ensuring you can provide safe and compassionate care to the people you support.

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Learning Outcomes

- Outline the basic functions of relevant anatomy & physiology
- Identify indications, reasons for, and complications of tracheostomy
- Identify types of tubes used in tracheostomy care
- Determine the correct order for suctioning technique.
- Describe the reasons for deflating and inflating the cuff
- Discuss how to clean and change a tracheostomy tube
- Identify indicators that emergency care is required
- Discuss the impact that a tracheostomy can have on the individual and their life
- Explore person-led ways of working which support individual with a tracheostomy
- Identify communication techniques and resources that can be used to support an individual with a tracheostomy

Course Content

Module 1: Introduction to Tracheostomy Care

- Understand the purpose and importance of tracheostomy care.
- Learn the basics of relevant anatomy and physiology.
- Identify the key functions of the respiratory system and how a tracheostomy affects it.

Course Content

Module 2: Indications and Complications of Tracheostomy

- Discuss the medical reasons for performing a tracheostomy.
- Identify potential complications and how to manage them.
- Understand when a tracheostomy may be indicated in patient care.

Module 3: Tracheostomy Tubes and Equipment

- Explore different types of tracheostomy tubes and their specific uses.
- Learn how to select the appropriate tube for individual needs.
- Understand the equipment required for tracheostomy care.

Module 4: Suctioning Techniques and Cuff Management

- Learn the correct order and techniques for tracheostomy suctioning.
- Understand the purpose of cuff inflation and deflation.
- Practice safe and effective suctioning and cuff management procedures.

Module 5: Cleaning and Changing a Tracheostomy Tube

- Learn the step-by-step process for cleaning and changing a tracheostomy tube.
- Explore best practices for maintaining hygiene and preventing infection.
- Gain confidence through hands-on practice.

Course Content

Module 6: Emergency Care and Indicators

- Identify signs that emergency care is required.
- Learn how to respond effectively in emergency situations.
- Understand the critical indicators to watch for in tracheostomy patients.

Module 7: Person-Led Approaches and Communication

- Explore how tracheostomy impacts an individual's life and well-being.
- Learn person-led ways of working to support individuals with a tracheostomy.
- Discover communication techniques and resources to enhance patient interaction and care.